All about Baseball

By Caleb Mesa

Baseball is a sport that is played with a glove, a ball and a bat. Is there more to it? When you see people play baseball, it looks pretty easy right? Well, its not easy to try and hit the ball or catch a pop fly. It actually takes a lot of hard work and dedication to play baseball. Here are some of the reasons I feel baseball is the most difficult sport to play.

Baseball requires, speed, agility, strength, and coordination to succeed at batting, pitching, fielding, and base running. Unlike any other sports, baseball players need to master multiple skills and positions. It’s the only sport that requires a player to hit a ball, that’s coming at you at 100 MPH. The pitcher has to throw with elite accuracy to throw it in the strike zone. When running the bases, players will have to pay attention to where the ball is on the field, and how many outs there are.

No matter where you are on the field, the players will have to have precise timing. Whether you are in the outfield, infield or hitting, all players must react and time the pitch. Imagine trying to hit a small white ball with a round bat? The pressure of trying to time the pitcher and make a good hit while everyone is watching you, is very stressful. Some of the greatest hitters of all time only hit .300.

If you ever decide to play baseball, you will need mental toughness on the the field and off the field. Players must have a quick reaction time and make quick decisions. Players also need to have a long attention span, because there’s a lot of starting and stopping at all times. When you catch the ball in the outfield or infield, you need to be fast at knowing where to throw the ball. Even when you are in the dugout, you need to pay attention to the pitcher at all times, to see how fast they’re throwing and get their timing.

In conclusion, my opinion is that baseball is the most difficult sport to play and master. It demands mental toughness, speed, agility, strength, and precision in timing. It’s a sport that challenges players physically, mentally, and emotionally. Baseball pushes player to the maximum and makes players feel accomplished like no other sport. So, if you have any doubts about baseball being easy, then remember the hard work and dedication that players put into the timeless game of baseball.